

EVYAN DONCH CERTIFIED INTERNATIONAL TRAUMA-INFORMED RECOVERY SPECIALIST



HOW I CAN HELP...

With over 23 years of personal experiential expertise, combined with evidenced-based trauma-informed up-to-date and ongoing education and training, I guide, mentor, support and motivate clients to find hope, purpose and connection while ensuring that you are progressing in your recovery goals, building independence and individuation at a pace that feels comfortable for you. I am dedicated to meeting you exactly where you are and promoting long-term and sustainable wellbeing.

CLIENT SUPPORT

Using my own experiential expertise and over 22 years of continuous recovery, clients and families are guided, mentored, supported and provided with essential resources, psychoeducation and best practices according to the needs of the client.

INTERNATIONAL COLLABORATION

- International experience with top professionals and Treatment Centers world-wide
- Emphasis is placed on cultural awareness, beliefs and customs
- Easily able to integrate in diverse situations

TRAINED & CERTIFIED

- ARISE Interventionist, International Recovery Institute, IRSI and International Association of Trauma Recovery Coaches. Internationally Insured.
- Additional coursework at University California Los Angeles, Alcohol & Drug Abuse Counseling 2015-2016

AVAILABILITY

- Live-in, live-out or virtual
- 24 hour 7 days a week availability
- Available for travel, short- and long-term assignments - ready for immediate departure
- USA passport & European Residence - unlimited stay in EU/USA

REDUCED RELAPSE RATES & TREATMENT RETENTION*

- Client is supported upon & after leaving treatment
- Client practices new behaviors that support recovery in their own environment
- Client is with a "peer" who understands the difficulties of early recovery & the challenges back in home environment

ACCOUNTABILITY

- Clients learn to take responsibility for behaviors and are held accountable without shaming & blaming
- Recovery Coach helps client to develop structure, healthy routines, goals, find meaning and hope
- Client will learn to earn back trust from others & learn how to choose trustworthy, supportive friends

CONNECT TO RESOURCES

- Coach guides, supports and mentors clients to develop recovery capital, connect with others in recovery and utilize local and/or online resources
- Clients learn tools on how to manage triggers and cravings - both internal and external - to avoid relapse
- Client will discover other activities that enhance recovery and one's life
- Client will learn to enjoy life without harmful substances and behavior

RATES

- First call assessment, history taking, consulting - €180,00 (2 hours)
 - Online case management, consulting & coaching - €90/hour
 - In-person daily or weekly coaching in your home - €180/hour
 - Live-in recovery coaching - starting at €600/day
 - National Transport (local/within country/no overnight stay required) - €400- €1.200 based on distance
 - International Transport with overnight stay - €1.200 and up
 - Family recovery support from €180,00/hour
 - Interventions (either remote, in-person, hybrid) - €1500 and up
- Travel, meals, transportation, other costs not included.

*SBoisvert, R. A., Martin, L. M., Grosek, M., & Claire, A. J. (2008). Effectiveness of a peer-support community in addiction recovery: Participation as intervention. Occupational Therapy International, 15(4), 205-220